

## Heywood Sports Complex

### Large Pool

Thursday 22 & 29 July

9am-10.30am	Family Swimming
10.30am-12noon	Public Swimming
12noon-1pm	Swimfit
1pm-4pm	Public Swimming
4pm-6pm	Family Swimming
6pm-7pm	Public Swimming
7pm-8pm	Aquafit

Friday 23 & 30 July

9am-10.30am	Family Swimming
10am-12noon	Public Swimming
12pm-1pm	Swimfit
1pm-3.30pm	Public Swimming
3.30pm-5.30pm	Family Swimming
5.30pm-6.30pm	Adult Swimming

Saturday 24 July

9am-10am	Adult / Lane Swimming
10am-12noon	Public Swimming
12noon-1pm	Aquafun
1pm-3pm	Family Swimming

Sunday 25 July

9am-10.30am	Family Swimming
10.30am-12noon	Public Swimming
12noon-1pm	Adult Swimming

Monday 26 July

7.30am-9am	Early Morning Swim
9am-10.30am	Family Swimming/Dale's 60's
10.30am-12noon	Public Swimming
12noon-1pm	Primetime
1pm-5pm	Public Swimming
5pm-7pm	Family Swimming
7pm-8pm	Adult Swimming

Tuesday 27 July

9am-10.30am	Family Swimming
10.30am-12noon	Public Swimming
12noon-1pm	Swimfit
1pm-4pm	Public Swimming
4pm-6pm	Family Swimming
7.30pm-8.30pm	Aquafit

Wednesday 28 July

9am-10.30am	Family Swimming
10.30am-12noon	Public Swimming
12noon-1pm	Women Only
1pm-5pm	Public Swimming
5pm-7pm	Family Swimming
7pm-8pm	Adult Swimming

Saturday 31 July

9am-10am	<b>Last day of opening</b> Adult / Lane Swimming
10am-12noon	Public Swimming

### Learner Pool

Thursday 22 & 29 July

9.30am-12noon	Aquatics Activities
12noon-5.30pm	Family Swimming

Friday 23 & 30 July

9.30am-12noon	Aquatics Activities
12noon-5.30pm	Family Swimming

Saturday 24 July

9am-1pm	Family Swimming
---------	-----------------

Sunday 25 July

9am-12noon	Family Swimming
------------	-----------------

Monday 26 July

9.30am-12noon	Aquatics Activities
12.15pm-1pm	Aquatots
1.15pm-5.30pm	Family Swimming

Tuesday 27 July

9.30am-12noon	Aquatics Activities
12.15pm-1pm	Aquatots
1.15pm-5.30pm	Family Swimming

Wednesday 28 July

9.30am-12noon	Aquatics Activities
12noon-5.30pm	Family Swimming

Saturday 31 July

9am-12noon	Family Swimming
------------	-----------------